

Money Matters Course Information

AIM:

To enable better support for communities, families or individuals who may be having money-related issues or worries due to the sudden and dramatic rise in the cost of living.

HOW:

By upskilling Volunteers with information and resources so that they can work with those who need support, giving accurate information and signposting.

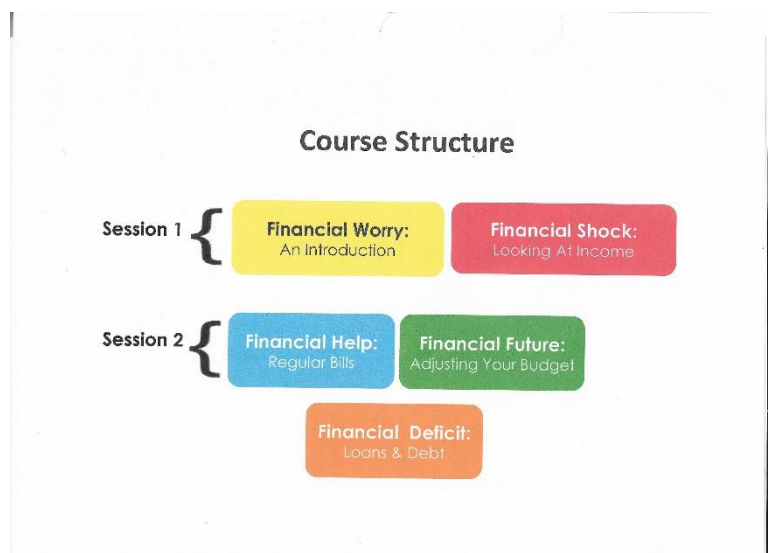
The course was originally developed by the Just Finance Foundation and has been updated by The Diocese of Rochester who can deliver the Money Matters Course via free workshops. Once trained, the Volunteer will deliver the training directly to people in the community who would like to be supported. This can be done via several methods such as face to face, small groups, Zoom etc, in two one-hour sessions with some home-work for them to complete between the sessions.

The course is about information and signposting **NOT** giving financial advice. Financial advice is a regulated activity.

COURSE DETAILS:

The course starts with tips on presentation and then works through the course material that you will be going through as a course with those who need support. There will be discussions and Q&A at each stage.

The Money Matters course is structured in five parts –



Session One

- **Introduction and Financial Worry:**

Course expectations and structure; Financial uncertainty and mental health.

- **Financial Shock – Looking at Income:**

Childcare support; Maximising money; Statutory Sick Pay; Working Tax Credits; Universal Credit; Self Employment; Support Groups.

Session Two

- **Financial Help – Dealing with Regular Bills:**

Mortgages and Rent; Fuel Bills; Water and Council Tax; Food; Fuel; Loans and Credit Cards.

- **Financial Future – Making and Adjusting a Budget:**

Budgeting Tools; Creating a Budget; Yearly costs; Spending Diary; Budgeting Pots; Help to save; School Meals.

- **Financial Deficit – Loans and Debt:**

New Loan Considerations; Handling Debt; Avoiding Exploitation and Loan Sharks; Getting Financial Advice.

RESOURCES TO TAKE-AWAY:

After completing your training, resources are available to download from the Diocesan website and will be regularly updated. They consist of:

Full Money Matters course slides with presentation notes

Videos covering critical topics

The course slides contain many links to useful websites, charities or resources. All course participants will be added to the Money Matters Course Trainer Group for ongoing support and course updates.

COST:

The Train the Trainer courses are offered FREE of charge.

REQUIREMENTS:

1. Participants should be numerate, competent in Excel and PowerPoint, and confident of delivering information in a clear way.
2. Participants should advise their Vicar and Hub Leader before taking the course.
3. All participants need to have completed the online Safeguarding Basic Awareness and Foundation courses – formerly C0 and C1 – prior to booking onto the Money Matters course:

www.rochester.anglican.org/safeguarding/courses-safeguarding/

HOW TO BOOK:

If no courses are currently available, please contact Magali van der Merwe, Community Engagement Team Leader, who may be able to organise the running of a course for your church. Magali.vanderMerwe@rochester.anglican.org