

ADVENT QUIET DAY

You are invited to a Quiet Day of Reflection on **Saturday 16th December 2023**
10.00 to 16.00 at St Benedict's Centre, West Malling ME196JX

Through the use of poetry, prayer, music, scripture and nature, the day will be an opportunity for quiet contemplation of the genealogy of Jesus and what that means for us today, together with a closer look at the O Antiphons and how they can help us see God in all things.

The day will be led by Gilly Fenner who has worked as a spiritual director for 20 years.

Please bring a packed lunch (drinks will be provided).
Suggested donation for the day £15-20

To book email:

susannecarlssons@hotmail.co.uk